Explanation of works currently on display at the:

PROGRESSIVE ART GALLERY at th.Well"

"Spiritual Anatomy"

This piece is based on the research of Caroline Myss, Ph.D. It is intended to millustrate the 7 energy points on the spiritual body as they relate to our physical form. Three world religions have recognized these as a physical metaphor that represents a path to union with the Divine: Hinduism recognizes them as the 7 Chakra's of the body, represented by the intersections of two serpents. Judaism recognizes these as the 7 interior intersections of the Kabbalah. Caroline Myss's work shows how these correspond with the 7 Sacrements in Christianity. See graph below:

Please note: It is thanks to the research of Dr. Carolyn Myss that Mary Ann was able to link the 7 sacraments of Christianity to the Kabbalah and to the Chakras. Also, since first researched, several Buddhists have also expressed their religion's belief in the Chakras and the Toltec Tribe of Teotuihuacan, Mexico have also told Mary Ann that they work with the same energy centers, but symbolize them with different animals in their pyramids. The Huna of Hawaii represent them with their different islands. So, please keep in mind that although this piece focuses on Western and Eastern interpretations, the information it portrays is universal.

Location.....Hinduism/Buddhism.....Ualsim......(Christianity

(from top to head to base of spine)

Crown....Sashasrara......Keter.....Extreme Unction
Third Eye....Anja....(intersection between Binah & Hockmah)...Ordination
Throat...Vishuddha....(intersection between Gevurah & Hesod)...Confession
Heart...Anahata.....Tif'eret.....Marriage
olar Plexus....Manipura....(intersection between Gevurah & Hesod)...Confirmation
Sacral...Svadisthana....Yesod....Communion
Base of Spine....Muladhara...Shekinah....Baptism

Think of it as a map explaining the most direct path towards union with The Divine.

Sense of Oneness with All Creation; Transcendence, higher Love.....Crown.....allowing a person to love in present time
Mind; Clarity....Understanding & Wisdom....to make one's path of service
Will....Judgement & Mercy....to cleanse one's spirit of negative acts of will
Love....Beauty....to recognize the need to love one's spirit of negative acts of will

Self.....Majesty & Endurance.....to receive or bestow an expression of grace that enhances one's individuality & self-esteem

Power....Foundation.....to recieve or bestow an expression of grace in the form of a "host" that represents union with God & others

ribe.....Gaia; Creation.....to recieve or bestow grace representing gratitude for one's life in the physical world.section between Gevurah & Hesod)....Confession

In Greek mythology, a "muse" is Divine Inspiration personified. **Buckminster's Galatea** get's her name from Buckminster Fuller who created the architectural formula for the geodesic dome. Mary Ann inverted this formula at different angles in order to capture the natural curves of the female figure. Galetea comes from the

Greek myth where a sculptor created his ideal woman and fell in love with the sculpture. Aphrodite, (Or Venus in Roman Mythology), took pity on the heart of the sculptor and offered him two choices: He could either choose to have his sculpture brought to life, or he could choose to become a sculpture himself. He chose to becme sculpture so that he could spend forever with his object of adoration, as he felt that life was too fleeting for love. This is a story of an artist falling in love with his muse. Buckminster Fuller was a genius in several disciplines and was known for his unending passion for the act of theoretical creation. So by calling this adaptaion of Buckminster Fuller's work after him and Galetea, Mary Ann has sought to capture an embodiment of this late genius's muse

Mary Ann calls this style of sculpture, "Geodesics" in honor of him. However, its design also has roots in metaphysics via Teilhard de Chardon's "Noosphere". Teilhard, who was both a scientist and a Jesuit monk, derived his theory of cosmic consciousness via Plato whose mystery school taught that the human body was broken up into "Triangularities" of information that were a micro version of the larger universe which was in turn created out of even larger "triangularities". These are then connected via the crown Chakra in a web of universal consciousness called "The Noosphere" or what modern Christians term, "The Cosmic Christ". Thusly, Teilhard was the first to introduce the idea of cosmic consciousness to christianity. Today, physicists are rediscovering our universe in multiple ways suggesting the truth behind

his theories. "Meditation" is meant to illustrate a deliberate act of tapping into "The Noosphere".

"MorKaRah" ~ The first piece to mix both traditional and Geodesic styles!

What is the Merkaba?: (The following information is a synthesis of several sources from the internet and various books on the subject.)

"The Merkaba is a counter-rotating field of light generated from the spinning of specific geometric forms that simultaneously affects one's spirit and body. It is a vehicle that can aid mind, body and spirit to access and experience other planes of reality or potentials of life. The Merkaba is a tool that helps humans reach their full notential.

The word Mer-Ka-Ba is made up of three smaller words: Mer, Ka and Ba. These words come from ancient Egyptian.

Mer refers to a specific kind of light that was understood in Egypt during the 18th Dynasty following the reorientation of religions toward the worship of a one God of all creation. Mer was seen as two counter-rotating fields of light spinning in the same space.

Ka refers to the individual spirit of a person.

Ba refers to the spirit's interpretation of its particular reality. In the human reality, Ba is usually defined as the body or physical reality. In other realities where spirits don't have bodies, Ba refers to their concepts or interpretation of reality in the realm in which they exist."

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Please note: The dome illustration is from Buckminster Fuller's book "Synergetics" and the MerKaBah illustrations are from "www.workofthechariot.com".